



St Oliver's Primary School

# Newsletter

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*At St Oliver's we are called to unite in service by living out our Mercy Values and striving to be quality learners who contribute positively to our community.*

Term 4 Week 6

<http://www.stoliversharrisparke.catholic.edu.au/home>

19th November 2020

**Joke of the Week:** What do dentists call their x-rays? Tooth-pics

## DATES TO REMEMBER

### Term 4

### November

**Tuesday 24th**  
Kindergarten Orientation

### December

**Tuesday 1st**  
Kindergarten Orientation

## 2020 End of Year Thanksgiving Liturgy and Awards Ceremony

Like almost everything else in our lives, COVID-19 will have an impact on our End of Year Thanksgiving Liturgy and Awards Ceremony.

Each year on the last day of term we join together as a whole community to celebrate and give thanks. This year like most of the year it will look a little different. At this stage we will be able to celebrate with all our students. The current COVID Safe Plan as released by NSW Department of Health does not allow for us to safely have visitors on our site. We are looking into ways to ensure our families can access this liturgy via electronic means.

**Date:** Wednesday 16th December

### Enrolling now for 2021

We're all about learning at St Oliver's Primary School. We put safety first, and focus on student wellbeing.

A reminder that limited places are still available for 2021 in **Year 3, Year 4 Year 5 and Year 6**. Please share this news with your friends, family and neighbours. For more information about joining our caring school community, please contact [stolivers@parra.catholic.edu.au](mailto:stolivers@parra.catholic.edu.au) or 8633 8300.

**90**  
Celebrating 90  
years of Catholic  
education at St  
Oliver's  
**1930-2020**



School attendance level target is <b>90%</b> or greater.	89.3%	This figure indicates the percentage of our children who attend school 90% to 100% of the time.
School attendance level - winning class	Yr 3 at 100%	Well done also to K, Yr 1 and Yr 5 at 93%

Barbara Young

## ADVENT

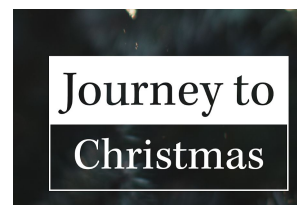
**Advent begins Sunday, 29th November.**

Advent is such a busy time of year and we so easily forget that—at its heart—it is meant to be a time of preparation, waiting and hope for the coming of Jesus into our world and lives.

During the four weeks of Advent, we prepare for the celebration of Christ's birth through prayer and reflection. We contemplate the First Coming of Jesus as Saviour, and anticipate his promised Second Coming. And amid the flurry of Christmas preparations, we look for practical ways to observe the holiness of the season in our everyday lives.

Let us all join together as we prepare for this Season of Advent.

Anthony Matthews  
REC



### Student Prayer

Dear God,

Thank you for letting us live a happy life. When Jesus sacrificed himself for us, it really showed us and you how much he really loves us. You have helped everyone that is in need in your time to this day. You have cured the sick, ill, blind and poor. The time Jesus walked on water, it reminded me that you actually cannot walk on water but the message in that story/passage was that God was never going to let you go far. In the Lost Sheep, Jesus wanted to find the lost sheep. The message of that story was that no matter what happened to you he will always be there for you, to find you, so you can reconnect. Thank you God and Jesus, you have played your part. Now it is our turn to play ours. It's our turn to reconnect by praying to the Angels every day. After generation and generation, God, The Holy Spirit and Jesus, to all the angels and saints, we come together as one whole. A part of a holy body we come together and give thanks. For he is our guide until the end. Amen. Miguel Yr 6.

### PBS4L NEWS FOCUS WEEK 6

We are safe.

Stop, think, do; manage impulsivity



### OLI'S STAR CLASS

Congratulations to Year 4



### What's in season for summer?

There are lots of good reasons to eat seasonal fruit and vegies:

- They are fresher
- They have more flavour
- They are more nutritious – less storage time means nutrients don't break down
- They are less expensive – plenty of supply means that produce is at its cheapest

AND summer fruit and veg are delicious!

Here is what is in season for summer:

**Fruit:** apricot, banana, blueberry, blackberry, cherry, fig, grapes, grapefruit, lychee, mango, melon, nectarine, orange (valencia), passionfruit, pawpaw, pear, peach, pineapple, plum, raspberry, strawberry.

**Vegetables:** asparagus, beans (green, butter, snake), beetroot, bok choy, cabbage, capsicum, celery, cucumber, eggplant, leek, lettuce/salad mix, mushrooms, onion, peas (sugarsnap, snow), potato, radish, rhubarb, shallots, spinach, squash, sweetcorn, tomato, zucchini.



# Sunsmart News

Overexposure to solar UV radiation causes 95% of all melanomas and 99% of all non-melanoma skin cancers in Australia. If we protect our skin from UV we reduce our risk of developing skin cancer.

Remember, **it's never too late to protect your skin** – encourage everyone, even adults, to SLIP SLOP SLAP SEEK and SLIDE when UV is 3 or above.

## Not all sunglasses are made equal

In Australia sunglasses and fashion spectacles are tested prior to sale in accordance to a range of performance standards, including UV protection. The Standard defines five categories of lens, according to the amount of UV radiation and visible light that is able to pass through the lens

We recommend you purchase and wear close-fitting wrap-around sunglasses that cover as much of the eye area as possible and comply with Australian Standard AS1067 (Sunglasses: Category 2, 3 or 4).

### Sunglasses lens categories explained

**Lens category 2: General purpose sunglasses** - These provide good protection against sunglare and good UV protection; they suitable for driving in at night or under dull light conditions.

**Lens category 3: General purpose sunglasses** - These provide high protection against sunglare and good UV protection; they are not suitable for driving at night or under dull light conditions.

**Lens category 4: Very dark special sunglasses** – very high sunglare reduction - These are special purpose sunglasses that provide a very high protection against extreme sun glare and good UV protection, they are not suitable for road use and driving.

## Skin Cancer Action Week: 15th to 21st November

National Skin Cancer Action Week 2020 is this week. Download and print off skin cancer prevention resources from the [SunSmart NSW website](https://www.sunsmartnsw.com.au) and encourage your community to: slip on protective clothing, slop on SPF 30 or higher sunscreen, slap on a sun smart hat, seek shade, and slide on sunglasses.

### The SunSmart Team

Phone: (02) 9334 1761

Email: [sunsmart@nswcc.org.au](mailto:sunsmart@nswcc.org.au)

Post: SunSmart Cancer Council NSW PO Box 572 Kings Cross NSW 1340



Protect yourself in five ways from skin cancer

[sunsmartnsw.com.au](https://www.sunsmartnsw.com.au)

# InfoZone

Welcome to the Library and Technology section of the St Oliver's Newsletter!

## EXECUTIVE DIRECTOR'S SUMMER READING CHALLENGE

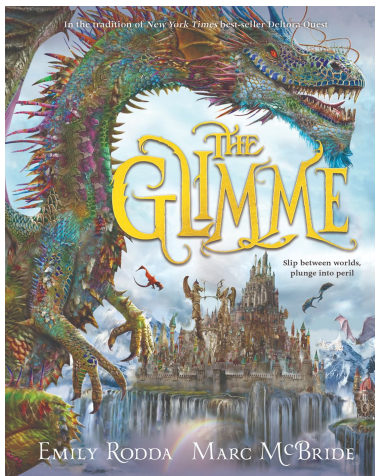


Greg Whitby, our Executive Director, is encouraging all students to read, read, read by entering the Summer Reading Challenge!

Students can read anything they like to enter the challenge, whether it's a comic, play, a piece of poetry, book, e-book or animated novel. Taking part is easy! Students just need to read something they enjoy and tell us in 50 words or less why they loved it. The more a student reads, the more times they can enter the reading challenge and the more chances they have of **winning one of two Chromebooks or one of 30 runner-up gift vouchers to the value of \$30**. Students can enter [online](#) by visiting the [CEDP website](#).

Entries open on **23 November 2020** and close at 5:00pm on 1 February 2021. Terms and Conditions can be found [here](#).

## CBCA RECOMMENDED BOOK



This book was awarded the 2020 Honour Book for middle to upper primary years. The CBCA judges said...

"Fantasy at its finest is found in this gripping read, where the spooky village of Wichaunt and The Glimme, a land of dragons 'beyond the veil' are vividly brought to life. Finn and Lori are brave and resourceful and learn to appreciate their family relationships ... Each phase of the quest is written to maximise suspense and excitement. Traditional themes of good versus evil, family relationships and letting your talent shine emerge effortlessly from the story. The relationship between the author and illustrator is obvious as the beautifully-written descriptive prose, with some verse interspersed, is complemented with vivid, appealing illustrations and the two build together to produce a magnificent text. The extent of the detail and the breathtaking beauty of the illustrations are definite stand outs."

Lesley Quinn, Teacher Librarian