



St Oliver's Primary School

Newsletter

33 Wigram Street, Harris Park
Email: stolivers@parra.catholic.edu.au

Tel: 8633 8300
Website: www.stoliversharrisparke.catholic.edu.au

At St Oliver's we are called to unite in service by living out our Mercy Values and striving to be quality learners who contribute positively to our community.

Term 1 Week 3

<http://www.stoliversharrisparke.catholic.edu.au/home>

11th February 2021

DATES TO REMEMBER

FEBRUARY

Tuesday 16th

Stage 2 excursion

Wednesday 17th

Ash Wednesday

Wednesday 17th

Cumberland Zone
Swimming Carnival



Lent is Near



Historical Context – The mark of the cross

The tradition of marking the forehead with ash on Ash Wednesday can be traced back to the ancient Jewish action of dusting oneself with ash as a sign of repentance and mourning for wrongful actions. It was a public declaration of the acknowledgement of the wrong and the commitment to turn one's life around and try not to make the same mistake again. It still remains a public declaration that during the period of Lent those who wear the cross of ash are going to attempt to turn around their lives and re-focus themselves more fully on God.

Sometimes in Lent the emphasis is too rigorously placed on the observable actions of almsgiving, prayer and fasting. Whilst these actions are important, it is actually the purpose behind these actions that is more important than the actions themselves: focusing our attention on our relationship with God. Almsgiving, prayer and fasting help us take the focus off ourselves and turn our focus to God.

Greg Sutner

Ash Wednesday Celebration

On Wednesday, 17th February, with Ashes as our sign, we will begin the forty days of Lent and commit ourselves to fasting, prayer and good works.

To help create this vision, we will have several opportunities for the students to experience this during Lent.

Stage 2 will attend mass at 9:15am and celebrate Ash Wednesday with Fr Chris. Stage 2 is learning about signs and symbols and this mass will particularly support their encounter with this.

ES1, S1 and S3 will be led by our new student Mission Leaders in liturgy at 12:45pm in the school hall. Here the students will encounter this year's Project Compassion Lenten appeal and begin to make a pledge 'TO BE MORE'.

Public masses for Ash Wednesday are as follows at St Oliver's Church:

- 7:00 am (with the seminary)
- 6:30 pm

Anthony Matthews
REC

Project Compassion

PRAYER

God of all peoples and nations,
 As you accompany us on our Lenten journey,
 May our fasting strengthen our
 commitment to live in solidarity,
 Our almsgiving be an act of justice, and
 Our prayers anchor us in love and compassion.
 Through living simply and loving generously,
 May we care for our global family
 and our common home, as we
*"Aspire not to have more, but to be more".**
 We ask this in Jesus' name.
 Amen.

PROJECT COMPASSION
BE MORE



Caritas
AUSTRALIA

End poverty
Promote justice
Uphold dignity



Support Project Compassion

PBS4L - Oli News

At St.Oliver's we are learners by using our Learner Qualities



Compassionate

We are compassionate by helping others with their work

Collaborative

We are collaborative by working with others

Inquisitive

We are inquisitive by asking questions in class

Resilient

We are resilient by giving our work a red hot go

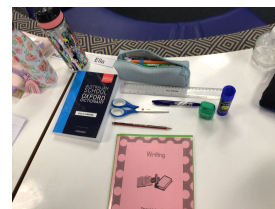
Reflective

We are reflective by taking on teacher feedback



Responsible

We are responsible by bringing all our materials to school and being on task when working



We had photos ready to include in our Newsletter and other places to show the great learning at St Olivers, but we are unable to do this.

Please send in the consent form that was sent home recently so that your child's photo can be included in the Newsletter.

CUMBERLAND ZONE SWIMMING

Good luck to our Cumberland Zone Swimming representatives.

- Lili, Mathieu, Aiko, Erin, Erik, Ryan, Pierre.

These students will represent our school on Wednesday 17th February at Mount Druitt pool.

Canteen open

This year we will be opening the canteen once again on **Fridays at recess only**. Items will cost from 50c or \$1 and will include COVID safe food (individually wrapped only) such as popcorn, iceblocks and jelly cups.

At times the canteen may be closed at the last minute due to weather or other unforeseen circumstances so please ensure your child **always has food to eat for recess**.



Order your lunches now via;

www.welcomeasy.com.au

All meals include 1 serving of fruits!

Would you like to join

Cool Kids Music Co.

lessons at school

Keyboard & Guitar Tuition

Available for students in years 1-6

- ★ Perfect for beginners
- ★ Instrument provided for lesson
- ★ 30 minute lessons, once a week
- ★ Maximum 8 students per class
- ★ \$13.50 (+GST) per lesson pre paid at the beginning of the term
- ★ \$20.00 once off book fee

Enrol now!

What makes CKMC so COOL?

- ★ Music Olympics held once a Term!
- ★ Encouragement, Awesomeness, Completion and Certificate of Participation Awards
- ★ Lessons held in the convenience of your own school with friends!
- ★ Weekly homework charts and Progress Reports available on request!
- ★ Prizes for remembering your book!

If you wish to enrol please visit www.coolkidsmusic.com.au

For more information please call or email our friendly staff on: 0457 668 742 or enquiries@coolkidsmusic.com.au

WINNER of the 2016 Blacktown Local Business Awards Most Outstanding Specialist Business!

Room usage fee may apply at some schools* Information and website are subject to change!

NUT FREE ENVIRONMENT

Due to many of our children suffering from severe allergies we are a **nut free school**. Please refrain from sending any food containing nuts to school with your child. This includes peanut butter, nutella, muesli bars with nuts and any food containing nuts or traces of nuts. Please read packaging carefully. Thank you for your understanding.



COVID-19

We will continue to follow procedures to ensure our community stays safe and healthy.

- Keep your children at home if they are unwell.
- Any students with cold and flu symptoms must stay home and have a Covid test before they return to school.
- Your child is not to return to school until they return a negative COVID-19 result and are symptom free.
- Proof of a negative test result must be provided to the school before the student can come back to school. (screenshot and email to stolivers@parra.catholic.edu.au).

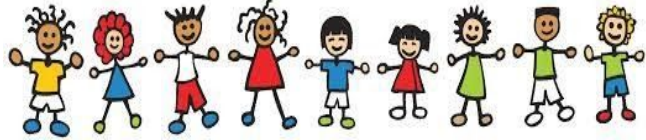
Flu symptoms include

- Runny or stuffy nose, cough, sore throat, sneezing, fever and chills, muscle aches, joint pains, headaches, stomach ache, nausea, vomiting and diarrhoea.

Other student absences

- If your child is unwell for any other reason (not listed above), please provide a doctor's certificate/letter before returning to school. The majority of doctor's surgeries now have phone consults set up.

Focus On Learning



Welcome back to another school year. We are all looking forward to working with all children and families to ensure they have a successful and happy year. As we start a new school year the following abridged article is a timely reminder on how to help have a happy start to the day!

How to get kids off to school on time without yelling, whining or constantly reminding!

By Michael Grose

If you struggle with peace, harmony and getting kids focused on school these 6 suggestions will help your mornings run a little smoother.

Getting kids to school on time can be infuriating and anxiety-inducing for parents, especially if you work! The clock just keeps ticking and doesn't make allowances for morning meanderers. It's easy if your child is the bright-eyed, bushy-tailed type who wakes up ready and focused for school. But what if you have a child who needs time to wake up, and is easily distracted...? What if you have a child who drags the chain and wouldn't get to school without at least five parental reminders to hurry up? In these cases, mornings can be chaotic and very stressful.

1. Prepare as much as you can the night before It may be stating the obvious but the less that children have to do in the morning the better. So putting clothes out, preparing lunches and snacks and having school bags packed and ready the night before will mean there is less decision-making and less for everyone to worry about in the morning.

2. Identify and overcome distractions As mentioned above, children can easily be distracted before school. If possible remove distractors such as televisions and digital devices. Allow them when everyone is ready for school... Be liberal with encouragement, affection and once-only reminders in the morning and minimise conflict resolution, arguments and angry words.

3. Make your morning routine visual If, for whatever reason, your child randomly and dreamily wanders from one activity to another then consider placing a sequenced photo chart of 4 or 5 main activities (e.g. wake up, breakfast, get dressed, chores, pack bags) in a prominent place that he or she can refer to each morning. This visual prompt will help put some routine into your child's morning, as well as reduce their dependence on you.

4. Delegate some responsibility Consider delegating the job of keeping a wayward child on track to a capable, bright-eyed, bushy-tailed sibling... Delegation is a great way of instilling parenting skills into the next generation as well as keeping children from being dependent on their parents.






5. Make yourself scarce If you find it impossible to ignore your child's morning meanderings or misbehaviours... try keeping yourself busy. Get yourself ready for the day and give your children the space to work things out themselves. You may be surprised how capable your child is... **A word of warning:** Your child may test out your resolve by doing very little to get him or herself ready. If so, be prepared to give the next idea a go.

6. Be willing to take your child to school even if they aren't fully ready If keeping up appearances is important then you will struggle with this idea, but bear with me. Your job as a parent is to shift the responsibility of getting to school to the person who should bear it – that is, your child. When you worry more about something than a child then that task becomes your responsibility. Mornings will always be stressful if you take responsibility for kids being at school on time. One way around this is to be willing to take your child to school even if they are not fully ready. It may mean your child has to hurriedly put his or her shoes and socks on in the car, or perhaps finish that piece of toast on the way to school. Doing this may make you feel like a mean parent but if you do it in a reasonable, matter-of-fact way then you are guilty of nothing more than putting a little responsibility the way of your child. Children will usually learn more from your actions than your words.

It's times such as bedtime, mealtime and mornings when children transition from one activity to another that brings so much stress for parents. Often children just want to keep doing an activity they enjoy... It's easy to be drawn into arguments and disputes with children who don't want to play the cooperation game. It helps at these times to stick to a known routine (that may be individual for each child); to talk a little less (cue them once but no more); and be willing to put a reasonable action or consequence in place so that children take some responsibility themselves.

Taken from <http://parentingideasschools.com.au>

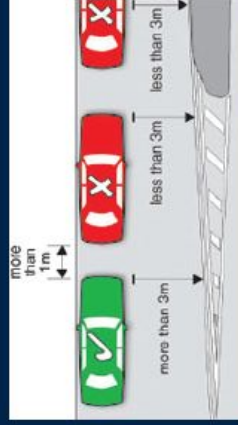
PARK LEGALLY IN SCHOOL ZONES AND KEEP OUR KIDS SAFE

 <p>STOPPING OR PARKING IS NOT PERMITTED within the direction of arrows at any time or during the time indicated.</p> <p>DO NOT set-down/pick-up passengers.</p> <p>Penalty exceeds \$337 and demerit points apply.</p>	<p>DROP-OFF PICK-UP ZONE</p>  <p>You CAN stop to set-down / pick-up passengers / goods within a 'No Parking' restriction for:</p> <ul style="list-style-type: none"> A maximum stay of 2 minutes and The driver must stay within 3 metres of the vehicle <p>Holders of a Mobility Parking Scheme permit are able to stay for 5 minutes.</p> <p>Penalty exceeds \$187 and demerit points apply.</p>	 <p>STOPPING OR PARKING IS NOT PERMITTED ON OR WITHIN</p> <ul style="list-style-type: none"> 20 metres before or 10 metres after a pedestrian crossing <p>Penalty exceeds \$448 and demerit points apply.</p>	 <p>STOPPING OR PARKING IS NOT PERMITTED within the direction of the arrows at any time or during the time indicated unless you are driving a bus.</p> <p>Penalty exceeds \$337 and demerit points apply.</p>	 <p>A driver must NOT STOP on the road adjacent to another vehicle at any time. Passengers should not leave a vehicle that is double parked.</p> <p>Drop your child and passengers to the kerb only.</p> <p>Penalty exceeds \$337 and demerit points apply.</p>
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CITY OF PARRAMATTA SCHOOL SAFETY PROGRAM

QUESTION: Can I park near double centre linemarking?

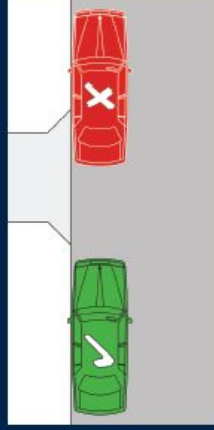
Please note that in accordance with the Road Rules 2014 (No.208 Part 6) it is illegal to park a vehicle within 3 metres of a double centre line marking or dividing strip.



*Penalty \$263 or \$337 and Demerit Points in a School Zone

QUESTION: Can I stop on or across a driveway?

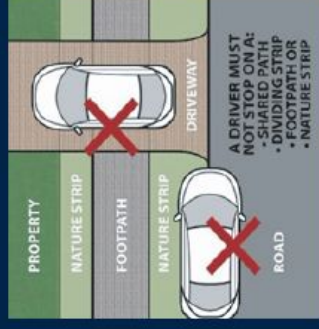
A driver must NOT stop on a road in a position that obstructs access by vehicles or pedestrians to or from a footpath ramp or a similar way of access to a footpath, or a bicycle path or passageway.



*Penalty \$263 or \$337 and Demerit Points in a School Zone

QUESTION: Can I stop on a path or nature strip?

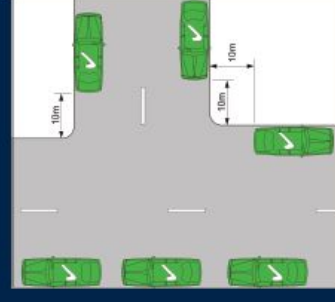
A driver must NOT stop on a driveway, bicycle path, footpath, shared path, dividing strip or a nature strip adjacent to a length of road in a built-up area.



*Penalty \$263 or \$337 and Demerit Points in a School Zone

QUESTION: Can I park near an intersection?

The Road Rules 2014 (Rule 170 part 3) states: 'A driver must not stop on a road within 10 metres from the nearest point of an intersecting road at an intersection without traffic lights...'



*Penalty \$337 & Demerit Points or \$448 & Demerit Points in a School Zone

*Note penalty subject to change



Road Safety Around Schools

When travelling to or from school

1. Follow the Road Rules and signs

They are there to help provide a safe environment. No one is exempt from following the Road Rules.

2. Do not expect to park close to your school

Set-down and pick-up times at schools are busy. Quite often, simply taking away the expectation of parking as close as possible to your school will bring you immediate stress relief and less anxiety.

Plan on parking slightly further away from the school and walking to the classroom. Use this time to talk about the day with your child. It is advised to hold your child's hand up to the age of at least 8 years old and closely supervise until at least the age of 10.

3. Know the Parking Restrictions around your school

Go to your school during a quiet time of the day or a weekend. Take your time to walk around and look at the road signs that are around your school. Become familiar as to where you are legally able to stop and park. This may also show you other alternative parking spaces that you can choose during busy set-down and pick-up times at your school.

Remember:

Road safety is the responsibility of all road users. Look out for your fellow road users, take your time and don't rush. Don't put others at risk by performing illegal turns or by parking illegally.

Remind your child when crossing the road to always: **STOP!** one step back from the kerb **LOOK!** continuously both ways **LISTEN!** for the sounds of approaching traffic **THINK!** is it safe to cross.

